

NOVEMBER

2022

College Prep Middle School Breakfast Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|--|---|
|  | 1 Breakfast Cookie Apple Juice / Milk | 2 WG Mini Cinni Raisins Juice / Milk | 3 Crumb Cake Banana Juice / Milk | 4 Breakfast Bar Banana Apple Juice / Milk |
| 7 Breakfast Bar Choc Orange Juice / Milk | 8 WG Cinnamon Roll Apple Juice / Milk | 9 Breakfast Bar French Toast Dried Cranberries Juice / Milk | 10 Honey Bun Banana Juice / Milk | 11 <i>No School</i> |
| 14 Crumb Cake Orange Juice / Milk | 15 Breakfast Bar Banana Apple Juice / Milk | 16 WG Mini Cinni Dried Cranberries Juice / Milk | 17 Breakfast Cookie Banana Juice / Milk | 18 Breakfast Bar Choc Apple Juice / Milk |
| 21 <i>No School</i> | 22 <i>No School</i> | 23 <i>No School</i> | 24  | 25 <i>No School</i> |
| 28 Breakfast Bar French Toast Dried Cranberries Juice / Milk | 29 Crumb Cake Apple Juice / Milk | 30 WG Cinnamon Roll Orange Juice / Milk | <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>Menus are subject to change without notice.</p> <p>Offer VS Serve</p> </div> |  |




Warning: Our School food facilities offer products with peanuts, tree nuts, soy, milk, eggs and wheat. For students with food allergies, we offer a variety of foods which are intended to be free of these ingredients. While we take steps to minimize the risk of cross contamination, we can not guarantee that any of our products are safe to consumers with peanut, tree nut, soy, milk, egg or wheat allergies. Consumers with severe allergies should consume food items with caution.

"This institution is an equal opportunity provider."

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College Prep Middle School Lunch Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|---|---|
|  | 1 Chicken or Cheese Tamale w/Beans Orange Cucumber slices / Corn Juice / Milk | 2 Pizza (Pepp & Cheese) Banana Cup of Salad w/Ranch / Carroteenies Juice / Milk | 3 Orange Chicken w/Rice Orange Mixed Veggie / Broccoli w/Dip Juice / Milk | 4 <i>No Lunch, Min Day</i> |
| 7 Chicken Nuggets w/Waffle Fries Apple Green Beans / Carroteenies w/Dip Juice / Milk | 8 Cheeseburger Orange Beans / Cucumber Slices w/Dip Juice / Milk | 9 Calzone (Chicken Ranch & Cheese) Banana Cup of Salad w/Ranch / Carroteenies Juice / Milk | 10 Cali Burrito Strawberry Cups Mixed Veggies / Broccoli w/Dip Juice / Milk | 11 <i>No School</i> |
| 14 Mini Corn Dog w/Mac & Cheese Apple Corn / Carroteenies w/Cip Juice / Milk | 15 Chicken Famous Bowl Orange Bean / Cucumber Slices w/Dip Juice / Milk | 16 Pizza (Pepp & Cheese) Banana Cup of Salad w/Ranch / Carroteenies Juice / Milk | 17 Teriyaki Chicken w/Rice Pilaf Apple Green Beans / Broccoli w/Dip Juice / Milk | 18 <i>No Lunch, Min Day</i> |
| 21 <i>No School</i> | 22 <i>No School</i> | 23 <i>No School</i> |  | 25 <i>No School</i> |
| 28 Chicken Smackers w/ Fries Apple Green Beans / Carroteenies Juice / Milk | 29 Cheeseburger Orange Beans / Cucumber Slices w/Dip Juice / Milk | 30 Calzone (Chicken Ranch & Cheese) Banana Cup of Salad w/Ranch / Carroteenies Juice / Milk | Menus are subject to change without notice. Offer VS Serve |  |

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