



College Prep Middle School Breakfast Menu

2026

Monday

Tuesday

Wednesday

Thursday

Friday

			1 Yogurt w/Graham Crackers Grapes Wild Cherry Juice 1% LowFat White Milk / FF Choc Milk	2 Cinnamon Swirl Mixed Fruit Grape Juice 1% LowFat Milk / Skim White Milk
5 Yogurt w/Graham Crackers Grapes Wild Cherry Juice 1% LowFat Milk / Skim White Milk	6 Cereal Apple Slices Grape Juice 1% LowFat Milk / FF Chocolate Milk	7 Cinnamon Swirl Orange Apple Juice 1% LowFat Milk / Skim White Milk	8 Muffin Grapes Wild Cherry Juice 1% LowFat White Milk / FF Choc Milk	9 <i>No School</i>
12 Muffin Grapes Wild Cherry Juice 1% LowFat Milk / Skim White Milk <i>Min Day</i>	13 Protein Box (Yogurt, Cheese, Blueberry Crackers & Fruit) Grape Juice 1% LowFat Milk / FF Chocolate Milk <i>Min Day</i>	14 Waffle Orange Apple Juice 1% LowFat Milk / Skim White Milk <i>Min Day</i>	15 Bagel w/Cream Cheese Grapes Wild Cherry Juice 1% LowFat White Milk / FF Choc Milk <i>Min Day</i>	16 Cereal Mixed Fruit Grape Juice 1% LowFat Milk / Skim White Milk <i>Min Day</i>
19 Bagel w/Cream Cheese Grapes Wild Cherry Juice 1% LowFat Milk / Skim White Milk	20 Muffin Apple Slices Grape Juice 1% LowFat Milk / FF Chocolate Milk	21 Cereal Orange Apple Juice 1% LowFat Milk / Skim White Milk	22 Protein Box (Yogurt, Cheese, Blueberry Crackers & Fruit) Wild Cherry Juice 1% LowFat White Milk / FF Choc Milk	23 Cinnamon Swirl Mixed Fruit Grape Juice 1% LowFat Milk / Skim White Milk
26 Muffin Grapes Wild Cherry Juice 1% LowFat Milk / Skim White Milk	27 Pancakes Poffitz Apple Slices Grape Juice 1% LowFat Milk / FF Chocolate Milk	28 Bagel w/Cream Cheese Orange Apple Juice 1% LowFat Milk / Skim White Milk	29 Yogurt w/Graham Crackers Grapes Wild Cherry Juice 1% LowFat White Milk / FF Choc Milk	30 Cinnamon Swirl Mixed Fruit Grape Juice 1% LowFat Milk / Skim White Milk

Warning: Our School food facilities offer products with peanuts, tree nuts, soy, milk, eggs and wheat. For students with food allergies, we offer a variety of foods which are intended to be free of these ingredients. While we take steps to minimize the risk of cross contamination, we can not guarantee that any of our products are safe to consumers with peanut, tree nut, soy, milk, egg or wheat allergies. Consumers with severe allergies should consume food items with caution.

To qualify as a reimbursable meal, students may select as many as 5 or as few as 3 of the food components offered and include 1/2 cup fruit and/or vegetable. Components include 1) fruit, 2) vegetable, 3) milk, 4) grains, and 5) meat/meat alternate. Condiments do not count as a component. The middle school lunch provides 600-700 calories based on a weekly average. The high school lunch provides 750-850 calories based on a weekly average. The breakfast provides 450-550 calories based on a weekly average.

"This institution is an equal opportunity provider."



College Prep Middle School Lunch Menu

2026

Monday

Tuesday

Wednesday

Thursday

Friday

			1 Orange Chicken w/Rice Hot Pocket Fiestada Orange / Carroteenies w/Dip Salad Cup w/ Dressing Wild Cherry Juice 1% LowFat White Milk / FF Choc Milk	2 OvenFried Chix w/MozzBread Stick TacoNada Peaches Corn / Carroteenies Grape Juice 1% LowFat Milk / Skim White Milk
5 BonelessChicken Wings w/Tots Turkey Sub Sandwich Apple Slices Carroteenies / Corn Wild Cherry Juice 1% LowFat Milk / Skim White Milk	6 Bean & Cheese Burrito Teriyaki Chicken Salad Grapes Lettuce & Tomato / Jicama Sticks w/Tajin Grape Juice 1% LowFat Milk / FF Chocolate Milk	7 Hot Dog w/Tots Turkey Sub Sandwich Mixed Fruit Beans / Lettuce & Tomato Apple Juice 1% LowFat Milk / Skim White Milk	8 Teriyaki Chicken w/Rice Bean & Cheese Burrito Orange / Carroteenies w/Dip Salad Cup w/ Dressing Wild Cherry Juice 1% LowFat White Milk / FF Choc Milk	9 <i>No School</i>
12 Mini Corn Dogs w/Mac & Cheese Chicken Caesar Salad Apple Slices Carroteenies / Corn / Wild Cherry Juice 1% LowFat Milk / Skim White Milk <i>Min Day</i>	13 (Chicken or Cheese) Tamale & Rice Italian Sub Sandwich Grapes Lettuce & Tomato / Beans / Grape Juice 1% LowFat Milk / FF Chocolate Milk	14 Beef Teriyaki Dippers w/Rice Turkey Sub Sandwich Mixed Fruit / Apple Juice Jicama Sticks w/Tajin / Lettuce & Tomato 1% LowFat Milk / Skim White Milk	15 Nachos w/ Cheese & BeefTaco Meat Hot Pocket Fiestada Orange/ Carroteenies w/Dip Salsa Cup / Wild Cherry Juice 1% LowFat White Milk / FF Choc Milk	16 MozzBreadStick w/ Chicken Nuggets TacoNada Peaches / Grape Juice Sliced Cucumbers / Marina Sauce Cup 1% LowFat Milk / Skim White Milk
19 MeatlessRoriniPasta & CheesyBreadStick Turkey Sub Sandwich Apple Slices Carroteenies / Jicama Sticks w/Tajin Wild Cherry Juice 1% LowFat Milk / Skim White Milk	20 Chicken Sandwich (Reg / Spicy) Buffalo Chicken Salad Grapes Lettuce & Tomato / Corn Grape Juice 1% LowFat Milk / FF Chocolate Milk	21 Walking Taco w/TurkeyTaco Meat Turkey Sub Sandwich Mixed Fruit Beans / Shredded Lettuce Cup Apple Juice 1% LowFat Milk / Skim White Milk	22 Bean & Cheese Burrito Hot Pocket Fiestada Orange / Carroteenies w/Dip Salad Cup w/ Dressing Wild Cherry Juice 1% LowFat White Milk / FF Choc Milk	23 Chicken Famous Bowl Yogurt Parfait & String Cheese Peaches Sliced Cucumbers / Corn Grape Juice 1% LowFat Milk / Skim White Milk
26 Hot Dog w/Tater Tots Chicken Caesar Salad Apple Slices Carroteenies / Corn Wild Cherry Juice 1% LowFat Milk / Skim White Milk	27 Cheeseburger Italian Sub Sandwich Grapes Lettuce & Tomato / Jicama Sticks w/Tajin Grape Juice 1% LowFat Milk / FF Chocolate Milk	28 Cali Burrito Turkey Sub Sandwich Mixed Fruit Beans / Lettuce & Tomato Apple Juice 1% LowFat Milk / Skim White Milk	29 Orange Chicken w/Rice Hot Pocket Fiestada Orange / Carroteenies w/Dip Salad Cup w/ Dressing Wild Cherry Juice 1% LowFat White Milk / FF Choc Milk	30 OvenFried Chix w/MozzBread Stick TacoNada Peaches Corn / Carroteenies Grape Juice 1% LowFat Milk / Skim White Milk

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