



2024

College Prep Middle School Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
3 Cinnamon Roll Pear Juice / Milk	4 Breakfast Cookie Apple Juice / Milk	5 Crumb Cake Orange Juice / Milk	6 Bagel w/Cream Cheese Banana Juice / Milk	7 Breakfast Bar Dried Cranberries Juice / Milk
10 Crumb Cake Pear Juice / Milk	11 Bagel w/Cream Cheese Orange Juice / Milk	12 Cinnamon Roll Apple Juice / Milk	13 Breakfast Bar Banana Juice / Milk	14 Breakfast Cookie Dried Cranberries Juice / Milk
17 Breakfast Bar Pear Juice / Milk	18  <i>Min Day Last Day of School</i>	19 <i>Summer Break</i>	20 <i>Summer Break</i>	21 <i>Summer Break</i>
24 <i>Summer Break</i>	25 <i>Summer Break</i>	26 <i>Summer Break</i>	27 <i>Summer Break</i>	28 

Warning: Our School food facilities offer products with peanuts, tree nuts, soy, milk, eggs and wheat. For students with food allergies, we offer a variety of foods which are intended to be free of these ingredients. While we take steps to minimize the risk of cross contamination, we can not guarantee that any of our products are safe to consumers with peanut, tree nut, soy, milk, egg or wheat allergies. Consumers with severe allergies should consume food items with caution.

To qualify as a reimbursable meal, students may select as many as 5 or as few as 3 of the food components offered and include 1/2 cup fruit and/or vegetable. Components include 1) fruit, 2) vegetable, 3) milk, 4) grains, and 5) meat/meat alternate. Condiments do not count as a component. The middle school lunch provides 600-700 calories based on a weekly average. The high school lunch provides 750-850 calories based on a weekly average. The breakfast provides 450-550 calories based on a weekly average.

"This institution is an equal opportunity provider."



2024

College Prep Middle School Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
3 <i>No Lunch - Min Day</i>	4 <i>No Lunch - Min Day</i>	5 <i>No Lunch - Min Day</i>	6 <i>No Lunch - Min Day</i>	7 <i>No Lunch - Min Day</i>
10 Tamale w/Rice Apple Beans / Carroteenies w/Dip Juice / Milk	11 Chix w/Sweet Chili Sauce & Rice Pear Green Beans / Cucumber Slices w/Dip Juice / Milk	12 Hot Pocket Banana Carroteenies / Salad Cup w/Dressing Juice / Milk	13 Cali Burrito Tangerine Corn / Broccoli w/Dip Juice / Milk	14 Cheeseburger w/Fries Orange Jicama Sticks w/Tajin / Carroteenies w/Dip Juice / Milk
17 Chicken Nuggets w/Tater Tots Apple Green Beans / Carroteenies w/Dip Juice / Milk	18  <i>No Lunch - Min Day Last Day of School</i>	19 <i>Summer Break</i>	20 <i>Summer Break</i>	21 <i>Summer Break</i>
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