



# March

# 2026

## College Prep Middle School Breakfast Menu

Monday

Tuesday

Wednesday

Thursday

Friday

|  |   |  |  |  |
|--|---|--|--|--|
| <p><b>2</b></p> <p>Cinnamon Swirl<br/>Apple<br/>Wild Cherry Juice<br/>1% LowFat White Milk / White Skim Milk</p>           | <p><b>3</b></p> <p>Protein Box<br/>(2 Boiled Eggs, Cheese, Crackers &amp;<br/>Organic Fruit)<br/>Grape Juice<br/>FF Chocolate Milk / 1% LowFat White Milk</p> | <p><b>4</b></p> <p>Pancakes Poffitz<br/>Apple Slices<br/>Orange Juice<br/>1% LowFat White Milk / White Skim Milk</p>                 | <p><b>5</b></p> <p>Overnight Oats w/Frozen Berries<br/>Pear<br/>Wild Cherry Juice<br/>FF Chocolate Milk / 1% LowFat White Milk</p>                                   | <p><b>6</b></p> <p>Cereal<br/>Applesauce<br/>Grape Juice<br/>1% LowFat White Milk / White Skim Milk</p>          |
| <p><b>9</b></p> <p>Yogurt w/Graham Crackers<br/>Apple<br/>Wild Cherry Juice<br/>1% LowFat White Milk / White Skim Milk</p> | <p><b>10</b></p> <p>Pancakes<br/>Orange<br/>Grape Juice<br/>FF Chocolate Milk / 1% LowFat White Milk</p>  | <p><b>11</b></p> <p>Bagel w/Cream Cheese<br/>Apple Slices<br/>Orange Juice<br/>1% LowFat White Milk / White Skim Milk</p>            | <p><b>12</b></p> <p>Waffle<br/>Pear<br/>Wild Cherry Juice<br/>FF Chocolate Milk / 1% LowFat White Milk</p>   | <p><b>13</b></p> <p>Cinnamon Swirl<br/>Applesauce<br/>Grape Juice<br/>1% LowFat White Milk / White Skim Milk</p> |
| <p><b>16</b></p> <p>Cereal<br/>Apple<br/>Wild Cherry Juice<br/>1% LowFat White Milk / White Skim Milk</p>                  | <p><b>17</b></p> <p>Yogurt w/Graham Crackers<br/>Orange<br/>Grape Juice<br/>FF Chocolate Milk / 1% LowFat White Milk</p>                                      | <p><b>18</b></p> <p>Overnight Oats w/Frozen Berries<br/>Apple Slices<br/>Orange Juice<br/>1% LowFat White Milk / White Skim Milk</p> | <p><b>19</b></p> <p>Bagel W/Cream Cheese<br/>Pear<br/>Wild Cherry Juice<br/>FF Chocolate Milk / 1% LowFat White Milk</p>   | <p><b>20</b></p> <p>Waffle<br/>Applesauce<br/>Grape Juice<br/>1% LowFat White Milk / White Skim Milk</p>         |
| <p><b>23</b></p> <p>Bagel w/Cream Cheese<br/>Apple<br/>Wild Cherry Juice<br/>1% LowFat White Milk / White Skim Milk</p>    | <p><b>24</b></p> <p>Pancakes Poffitz<br/>Orange<br/>Grape Juice<br/>FF Chocolate Milk / 1% LowFat White Milk</p>  | <p><b>25</b></p> <p>Waffle<br/>Apple Slices<br/>Orange Juice<br/>1% LowFat White Milk / White Skim Milk</p>                          | <p><b>26</b></p> <p>Protein Box<br/>(2 Boiled Eggs, Cheese, Crackers &amp;<br/>Organic Fruit)<br/>Wild Cherry Juice<br/>FF Chocolate Milk / 1% LowFat White Milk</p> | <p><b>27</b></p> <p>Cereal<br/>Applesauce<br/>Grape Juice<br/>1% LowFat White Milk / White Skim Milk</p>         |
| <p><b>30</b></p> <p><i>No School</i></p>   | <p><b>31</b></p> <p><i>No School</i></p>  | <p>Menus are subject to change<br/>without notice.</p> <p>Offer VS Serve</p>   |  |  |

**Warning:** Our School food facilities offer products with peanuts, tree nuts, soy, milk, eggs and wheat. For students with food allergies, we offer a variety of foods which are intended to be free of these ingredients. While we take steps to minimize the risk of cross contamination, we can not guarantee that any of our products are safe to consumers with peanut, tree nut, soy, milk, egg or wheat allergies. Consumers with severe allergies should consume food items with caution.

To qualify as a reimbursable meal, students may select as many as 5 or as few as 3 of the food components offered and include 1/2 cup fruit and/or vegetable. Components include 1) fruit, 2) vegetable, 3) milk, 4) grains, and 5) meat/meat alternate. Condiments do not count as a component. The middle school lunch provides 600-700 calories based on a weekly average. The high school lunch provides 750-850 calories based on a weekly average. The breakfast provides 450-550 calories based on a weekly average.

"This institution is an equal opportunity provider."



# March

# 2026

## College Prep Middle School Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

|  |   |  |  |   |
|--|---|--|--|---|
| <p><b>2</b></p> <p>Chicken Sandwich (Reg / Spicy)<br/>Grapes<br/>Carroteenies / Jicama Sticks w/Tajin<br/>Wild Cherry Juice<br/>1% LowFat White Milk / White Skim Milk</p>     | <p><b>3</b></p> <p>Oven Fried Chicken Drumstick<br/>w/Mac&amp;Cheese<br/>Sliced Apples / Grape Juice<br/>Beans / Cucumber Slices w/Tajin<br/>FF Chocolate Milk / 1% LowFat White Milk</p> | <p><b>4</b></p> <p>Cheeseburger<br/>Pear<br/>Salad Cup w/Dressing / 3-Bean Veg Chili<br/>Orange Juice<br/>1% LowFat White Milk / White Skim Milk</p>                               | <p><b>5</b></p> <p>Cali Burrito<br/>Applesauce / Wild Cherry Juice<br/>CarrotCelerySticks w/Dip<br/>Lettuce &amp; Tomato Cup<br/>FF Chocolate Milk / 1% LowFat White Milk</p>                  | <p><b>6</b></p> <p>Mozz Bread Stick w/Bufalo Veggie<br/>Nuggets<br/>Orange<br/>Marinara Sauce / Corn<br/>Grape Juice<br/>1% LowFat White Milk / White Skim Milk</p> |
| <p><b>9</b></p> <p>Halal Chicken Skewers on Rice<br/>Grapes<br/>Carroteenies / Jicama Sticks w/Tajin<br/>Wild Cherry Juice<br/>1% LowFat White Milk / White Skim Milk</p>      | <p><b>10</b></p> <p>Chicken Sandwich (Reg / Spicy)<br/>Sliced Apples<br/>Beans / Cucumber Slices w/Tajin<br/>Grape Juice<br/>FF Chocolate Milk / 1% LowFat White Milk</p>                 | <p><b>11</b></p> <p>Halal Hot Dog w/Tater Tots<br/>Pear<br/>Salad Cup w/Dressing / 3-Bean Veg Chili<br/>Orange Juice<br/>1% LowFat White Milk / White Skim Milk</p>                | <p><b>12</b></p> <p>Orange Chicken w/Rice<br/>Applesauce / Wild Cherry Juice<br/>CarrotCelerySticks w/Dip<br/>Lettuce &amp; Tomato Cup<br/>FF Chocolate Milk / 1% LowFat White Milk</p>        | <p><b>13</b></p> <p>Bean &amp; Cheese Burritos<br/>Orange<br/>Carroteenies / Corn<br/>Grape Juice<br/>1% LowFat White Milk / White Skim Milk</p>                    |
| <p><b>16</b></p> <p>Mini Corn Dogs w/Mac &amp; Cheese<br/>Grapes<br/>Carroteenies / Jicama Sticks w/Tajin<br/>Wild Cherry Juice<br/>1% LowFat White Milk / White Skim Milk</p> | <p><b>17</b></p> <p>(Chicken or Cheese) Tamle &amp; Rice<br/>Sliced Apples<br/>Beans / Cucumber Slices w/Tajin<br/>Grape Juice<br/>FF Chocolate Milk / 1% LowFat White Milk</p>           | <p><b>18</b></p> <p>MozzBreadStick w/Chicken Nuggets<br/>Pear<br/>Salad Cup w/Dressing / 3-Bean Veg Chili<br/>Orange Juice<br/>1% LowFat White Milk / White Skim Milk</p>          | <p><b>19</b></p> <p>Beef Teriyaki Dippers w/Rice<br/>Applesauce / Wild Cherry Juice<br/>CarrotCelerySticks w/Dip<br/>Lettuce &amp; Tomato Cup<br/>FF Chocolate Milk / 1% LowFat White Milk</p> | <p><b>20</b></p> <p>Cheeseburger<br/>Orange<br/>Carroteenies / Corn<br/>Grape Juice<br/>1% LowFat White Milk / White Skim Milk</p>                                  |
| <p><b>23</b></p> <p>Boneless Chicken Wings w/Tots<br/>Grapes<br/>Carroteenies / Jicama Sticks w/Tajin<br/>Wild Cherry Juice<br/>1% LowFat White Milk / White Skim Milk</p>     | <p><b>24</b></p> <p>Bean &amp; Cheese Burrito<br/>Sliced Apples<br/>Beans / Cucumber Slices w/Tajin<br/>Grape Juice<br/>FF Chocolate Milk / 1% LowFat White Milk</p>                      | <p><b>25</b></p> <p>MeatlessRotiniPasta &amp; MozzBread Stick<br/>Pear<br/>Salad Cup w/Dressing / 3-Bean Veg Chili<br/>Orange Juice<br/>1% LowFat White Milk / White Skim Milk</p> | <p><b>26</b></p> <p>Teriyaki Chicken w/Rice<br/>Applesauce / Wild Cherry Juice<br/>CarrotCelerySticks w/Dip<br/>Lettuce &amp; Tomato Cup<br/>FF Chocolate Milk / 1% LowFat White Milk</p>      | <p><b>27</b></p> <p>Hot Pocket<br/>Orange<br/>Carroteenies / Corn<br/>Grape Juice<br/>1% LowFat White Milk / White Skim Milk</p>                                    |
| <p><b>30</b></p> <p><i>No School</i></p>   | <p><b>31</b></p> <p><i>No School</i></p>  | <p>Menus are subject to change<br/>without notice.</p> <p>Offer VS Serve</p>   |   |    |

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