

NOVEMBER 2023

*Milk:
 White Low fat Milk: 1%
 Fat Free Chocolate Milk
 Skim White Milk

College Prep Middle School Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>Menus are subject to change without notice.</p> <p>Offer VS Serve</p>	1 Muffin Apple Juice / Milk	2 Cinnamon Roll Banana Juice / Milk	3 Breakfast Cookie Orange Juice / Milk
6 Breakfast Bar Orange Juice / Milk	7 Muffin Peaches Juice / Milk	8 Crumb Cake Apple Juice / Milk	9 Bagel w/Cream Cheese Banana Juice / Milk	10 <i>No School</i>
13 Crumb Cake Apple Juice / Milk	14 Breakfast Cookie Peaches Juice / Milk	15 Bagel w/Cream Cheese Orange Juice / Milk	16 Muffin Banana Juice / Milk	17 Cinnamon Roll Apple Juice / Milk
20 <i>No School</i>	21 <i>No School</i>	22 <i>No School</i>	23 <i>No School</i>	24 <i>No School</i>
27 Breakfast Bar Apple Juice / Milk	28 Crumb Cake Peaches Juice / Milk	29 Breakfast Cookie Orange Juice / Milk	30 Muffin Banana Juice / Milk	



Warning: Our School food facilities offer products with peanuts, tree nuts, soy, milk, eggs and wheat. For students with food allergies, we offer a variety of foods which are intended to be free of these ingredients. While we take steps to minimize the risk of cross contamination, we can not guarantee that any of our products are safe to consumers with peanut, tree nut, soy, milk, egg or wheat allergies. Consumers with severe allergies should consume food items with caution.

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College Prep Middle School Lunch Menu

*Milk
White Low fat Milk 1%
Fat Free Chocolate Milk
Skim White Milk

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>Menus are subject to change without notice.</p> <p>Offer VS Serve</p>	<p>1</p> <p>Pizza (Pepp & Cheese) Banana Carroteenies / Salad Cup w/Dressing Juice / Milk</p>	<p>2</p> <p>Chix w/Sweet Chili Sauce & Rice Mixed Fruit Broccoli w/Dip / Corn Juice / Milk</p>	<p>3</p> <p><i>No Lunch</i></p>
<p>6</p> <p>Cheeseburger w/Fries Orange Green Beans / Carroteenies w/Dip Juice / Milk</p>	<p>7</p> <p>Halal Chicken on Rice Applesauce Cup Beans / Cucumber Slices w/Dip Juice / Milk</p>	<p>8</p> <p>Pizza (Pepp & Cheese) Banana Carroteenies / Salad Cup w/Dressing Juice / Milk</p>	<p>9</p> <p>Chicken Sandwich Pear Broccoli w/Dip / Corn Juice / Milk</p>	<p>10</p> <p><i>No School</i></p>
<p>13</p> <p>Hot Dog Apple Veggie Chili Cup / Carroteenies w/Dip Juice / Milk</p>	<p>14</p> <p>Cali Burrito Orange Green Beans / Cucumber Slices w/Dip Juice / Milk</p>	<p>15</p> <p>Pizza (Pepp & Cheese) Banana Carroteenies / Salad Cup w/Dressing Juice / Milk</p>	<p>16</p> <p>Spaghetti w/Meatsauce & Dinner Roll Pear Broccoli w/Dip / Corn Juice / Milk</p>	<p>17</p> <p><i>No Lunch</i></p>
<p>20</p> <p><i>No School</i></p>	<p>21</p> <p><i>No School</i></p>	<p>22</p> <p><i>No School</i></p>	<p>23</p> <p><i>No School</i></p>	<p>24</p> <p><i>No School</i></p>
<p>27</p> <p>Mini Corn Dog w/Mac & Cheese Apple Corn / Carroteenies w/Dip Juice / Milk</p>	<p>28</p> <p>Tamale w/Rice Orange Beans / Cucumber Slices w/Dip Juice / Milk</p>	<p>29</p> <p>Pizza (Pepp & Cheese) Banana Carroteenies / Salad Cup w/Dressing Juice / Milk</p>	<p>30</p> <p>Orange Chicken w/Rice Applesauce Cup Broccoli w/Dip / Green Beans Juice / Milk</p>	

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"This institution is an equal opportunity provider."