



March

2026

College Prep Middle School Breakfast Menu

Monday

Tuesday

Wednesday

Thursday

Friday

| | | | | |
|---|---|---|--|---|
| 2 Cinnamon Swirl Apple Wild Cherry Juice 1% LowFat White Milk / White Skim Milk | 3 Protein Box (2 Boiled Eggs, Cheese, Crackers & Organic Fruit) Grape Juice FF Chocolate Milk / 1% LowFat White Milk | 4 Pancakes Poffitz Apple Slices Orange Juice 1% LowFat White Milk / White Skim Milk | 5 Overnight Oats w/Frozen Berries Pear Wild Cherry Juice FF Chocolate Milk / 1% LowFat White Milk | 6 Cereal Applesauce Grape Juice 1% LowFat White Milk / White Skim Milk |
| 9 Yogurt w/Graham Crackers Apple Wild Cherry Juice 1% LowFat White Milk / White Skim Milk | 10 Pancakes Orange Grape Juice FF Chocolate Milk / 1% LowFat White Milk | 11 Bagel w/Cream Cheese Apple Slices Orange Juice 1% LowFat White Milk / White Skim Milk | 12 Waffle Pear Wild Cherry Juice FF Chocolate Milk / 1% LowFat White Milk | 13 Cinnamon Swirl Applesauce Grape Juice 1% LowFat White Milk / White Skim Milk |
| 16 Cereal Apple Wild Cherry Juice 1% LowFat White Milk / White Skim Milk | 17 Yogurt w/Graham Crackers Orange Grape Juice FF Chocolate Milk / 1% LowFat White Milk | 18 Overnight Oats w/Frozen Berries Apple Slices Orange Juice 1% LowFat White Milk / White Skim Milk | 19 Bagel W/Cream Cheese Pear Wild Cherry Juice FF Chocolate Milk / 1% LowFat White Milk | 20 Waffle Applesauce Grape Juice 1% LowFat White Milk / White Skim Milk |
| 23 Bagel w/Cream Cheese Apple Wild Cherry Juice 1% LowFat White Milk / White Skim Milk | 24 Pancakes Poffitz Orange Grape Juice FF Chocolate Milk / 1% LowFat White Milk | 25 Waffle Apple Slices Orange Juice 1% LowFat White Milk / White Skim Milk | 26 Protein Box (2 Boiled Eggs, Cheese, Crackers & Organic Fruit) Wild Cherry Juice FF Chocolate Milk / 1% LowFat White Milk | 27 Cereal Applesauce Grape Juice 1% LowFat White Milk / White Skim Milk |
| 30 <i>No School</i> | 31 <i>No School</i> | Menus are subject to change without notice. Offer VS Serve |  |  |

Warning: Our School food facilities offer products with peanuts, tree nuts, soy, milk, eggs and wheat. For students with food allergies, we offer a variety of foods which are intended to be free of these ingredients. While we take steps to minimize the risk of cross contamination, we can not guarantee that any of our products are safe to consumers with peanut, tree nut, soy, milk, egg or wheat allergies. Consumers with severe allergies should consume food items with caution.

To qualify as a reimbursable meal, students may select as many as 5 or as few as 3 of the food components offered and include 1/2 cup fruit and/or vegetable. Components include 1) fruit, 2) vegetable, 3) milk, 4) grains, and 5) meat/meat alternate. Condiments do not count as a component. The middle school lunch provides 600-700 calories based on a weekly average. The high school lunch provides 750-850 calories based on a weekly average. The breakfast provides 450-550 calories based on a weekly average.

"This institution is an equal opportunity provider."

March

2026

College Prep Middle School Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

| | | | | |
|---|--|--|---|---|
| <p>2</p> <p>Chicken Sandwich (Reg / Spicy) Veggie Burger Grapes Carroteenies / Jicama Sticks wTajin Wild Cherry Juice 1% LowFat White Milk / White Skim Milk</p> | <p>3</p> <p>Oven Fried Chicken Drumstick w/Mac&Cheese PB&J Sandwich Sliced Apples / Grape Juice Beans / Cucumber Slices wTajin FF Chocolate Milk / 1% LowFat White Milk</p> | <p>4</p> <p>Cheeseburger Veggie Burger Pear Salad Cup w/Dressing / 3-Bean Veg Chili Orange Juice 1% LowFat White Milk / White Skim Milk</p> | <p>5</p> <p>Cali Burrito PB&J Sandwich Applesauce / Wild Cherry Juice CarrotCelerySticks wDip Lettuce & Tomato Cup FF Chocolate Milk / 1% LowFat White Milk</p> | <p>6</p> <p>Mozz Bread Stick w/Bufalo Veggie Nuggets Orange Marinara Sauce / Corn Grape Juice 1% LowFat White Milk / White Skim Milk</p> |
| <p>9</p> <p>Halal Chicken Skewers on Rice Veggie Burger Grapes Carroteenies / Jicama Sticks wTajin Wild Cherry Juice 1% LowFat White Milk / White Skim Milk</p> | <p>10</p> <p>Chicken Sandwich (Reg / Spicy) PB&J Sandwich Sliced Apples Beans / Cucumber Slices wTajin Grape Juice FF Chocolate Milk / 1% LowFat White Milk</p> | <p>11</p> <p>Halal Hot Dog w/Tater Tots Veggie Burger Pear Salad Cup w/Dressing / 3-Bean Veg Chili Orange Juice 1% LowFat White Milk / White Skim Milk</p> | <p>12</p> <p>Orange Chicken w/Rice PB&J Sandwich Applesauce / Wild Cherry Juice CarrotCelerySticks wDip Lettuce & Tomato Cup FF Chocolate Milk / 1% LowFat White Milk</p> | <p>13</p> <p>Bean & Cheese Burritos Orange Carroteenies / Corn Grape Juice 1% LowFat White Milk / White Skim Milk</p> |
| <p>16</p> <p>Mini Corn Dogs w/Mac & Cheese Veggie Burger Grapes Carroteenies / Jicama Sticks wTajin Wild Cherry Juice 1% LowFat White Milk / White Skim Milk</p> | <p>17</p> <p>(Chicken or Cheese) Tamle & Rice Sliced Apples Beans / Cucumber Slices wTajin Grape Juice FF Chocolate Milk / 1% LowFat White Milk</p> | <p>18</p> <p>MozzBreadStick w/Chicken Nugggets Veggie Burger Pear Salad Cup w/Dressing / 3-Bean Veg Chili Orange Juice 1% LowFat White Milk / White Skim Milk</p> | <p>19</p> <p>Beef Teriyaki Dippers w/Rice PB&J Sandwich Applesauce / Wild Cherry Juice CarrotCelerySticks wDip Lettuce & Tomato Cup FF Chocolate Milk / 1% LowFat White Milk</p> | <p>20</p> <p>Cheeseburger Veggie Burger Orange Carroteenies / Corn Grape Juice 1% LowFat White Milk / White Skim Milk</p> |
| <p>23</p> <p>Boneless Chicken Wings wTots Veggie Burger Grapes Carroteenies / Jicama Sticks wTajin Wild Cherry Juice 1% LowFat White Milk / White Skim Milk</p> | <p>24</p> <p>Bean & Cheese Burrito Sliced Apples Beans / Cucumber Slices wTajin Grape Juice FF Chocolate Milk / 1% LowFat White Milk</p> | <p>25</p> <p>MeatlessRotiniPasta & MozzBread Stick Pear Salad Cup w/Dressing / 3-Bean Veg Chili Orange Juice 1% LowFat White Milk / White Skim Milk</p> | <p>26</p> <p>Teriyaki Chicken w/Rice PB&J Sandwich Applesauce / Wild Cherry Juice CarrotCelerySticks wDip Lettuce & Tomato Cup FF Chocolate Milk / 1% LowFat White Milk</p> | <p>27</p> <p>Hot Pocket Veggie Burger Orange Carroteenies / Corn Grape Juice 1% LowFat White Milk / White Skim Milk</p> |
| <p>30</p> <p><i>No School</i></p> | <p>31</p> <p><i>No School</i></p> | <p>Menus are subject to change without notice.</p> <p>Offer VS Serve</p> |  |  |

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