

# October

2024

## College Prep Middle School Breakfast Menu


Monday

Tuesday

Wednesday

Thursday

Friday

<p>Menus are subject to change without notice.</p> <p>Offer VS Serve</p>	<p>1</p> <p>Pancakes Apple Orange Juice Milk (White LowFat / Chocolate FF)</p>	<p>2</p> <p>Cinnamon Swirl Apple Appleberry Juice Milk (White LowFat / White FF)</p>	<p>3</p> <p>Bagel w/Cream Cheese Banana Apple Juice Milk (White LowFat / Chocolate FF)</p>	<p>4</p> <p><i>No School</i></p>
<p>7</p> <p>Cinnamon Swirl Orange Apple Juice Milk (White LowFat / White FF)</p>	<p>8</p> <p>Pancakes Apple Orange Juice Milk (White LowFat / Chocolate FF)</p>	<p>9</p> <p>Cinnamon Swirl Apple Appleberry Juice Milk (White LowFat / White FF)</p>	<p>10</p> <p>Bagel w/Cream Cheese Banana Apple Juice Milk (White LowFat / Chocolate FF)</p>	<p>11</p> <p>Waffle Pear Appleberry Juice Milk (White LowFat / White FF)</p>
<p>14</p> <p>Cinnamon Swirl Orange Apple Juice Milk (White LowFat / White FF)</p>	<p>15</p> <p>Pancakes Apple Orange Juice Milk (White LowFat / Chocolate FF)</p>	<p>16</p> <p>Cinnamon Swirl Apple Appleberry Juice Milk (White LowFat / White FF)</p>	<p>17</p> <p>Bagel w/Cream Cheese Banana Apple Juice Milk (White LowFat / Chocolate FF)</p>	<p>18</p> <p>Waffle Pear Appleberry Juice Milk (White LowFat / White FF)</p>
<p>21</p> <p>Cinnamon Swirl Orange Apple Juice Milk (White LowFat / White FF)</p>	<p>22</p> <p>Pancakes Apple Orange Juice Milk (White LowFat / Chocolate FF)</p>	<p>23</p> <p>Cinnamon Swirl Apple Appleberry Juice Milk (White LowFat / White FF)</p>	<p>24</p> <p>Bagel w/Cream Cheese Banana Apple Juice Milk (White LowFat / Chocolate FF)</p>	<p>25</p> <p>Waffle Pear Appleberry Juice Milk (White LowFat / White FF)</p>
<p>28</p> <p>Cinnamon Swirl Orange Apple Juice Milk (White LowFat / White FF)</p>	<p>29</p> <p>Pancakes Apple Orange Juice Milk (White LowFat / Chocolate FF)</p>	<p>30</p> <p>Cinnamon Swirl Apple Appleberry Juice Milk (White LowFat / White FF)</p>	<p>31</p> <p>Bagel w/Cream Cheese Banana Apple Juice Milk (White LowFat / Chocolate FF)</p>	


**Warning:** Our School food facilities offer products with peanuts, tree nuts, soy, milk, eggs and wheat. For students with food allergies, we offer a variety of foods which are intended to be free of these ingredients. While we take steps to minimize the risk of cross contamination, we can not guarantee that any of our products are safe to consumers with peanut, tree nut, soy, milk, egg or wheat allergies. Consumers with severe allergies should consume food items with caution.

"This institution is an equal opportunity provider."

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## College Prep Middle School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Menus are subject to change without notice.</p> <p>Offer VS Serve</p>	<p>1 Chix w/Sweet Chili Sauce &amp; Rice Pear Beans /Cucumber Slices Apple Juice Milk (White LowFat / Chocolate FF)</p>	<p>2 French Bread Pizza (Pepp &amp; Cheese) Banana Celery Sticks w/Dip Orange Juice Milk (White LowFat / White FF)</p>	<p>3 Cali Burrito Orange Cucumber &amp; Tomato Salad Appleberry Juice Milk (White LowFat / Chocolate FF)</p>	<p>4 <i>No School</i></p>
<p>7 <i>No Lunch</i></p>	<p>8 <i>No Lunch</i></p>	<p>9 <i>No Lunch</i></p>	<p>10 <i>No Lunch</i></p>	<p>11 <i>No Lunch</i></p>
<p>14 Mini Corn Dog w/Mac &amp; Cheese Apple Carroteenies / Corn Appleberry Juice Milk (White LowFat / White FF)</p>	<p>15 Tamale w/Mex Rice Pear Beans /Cucumber Slices Apple Juice Milk (White LowFat / Chocolate FF)</p>	<p>16 French Bread Pizza (Pepp &amp; Cheese) Banana Celery Sticks w/Dip Orange Juice Milk (White LowFat / White FF)</p>	<p>17 Spaghetti w/Meatsauce &amp; Dinner Roll Orange Cucumber &amp; Tomato Salad Appleberry Juice Milk (White LowFat / Chocolate FF)</p>	<p>18 Chicken Sandwich Apple Lettuce &amp; Tomato Cup Apple Juice Milk (White LowFat / White FF)</p>
<p>21 Boneless Wings w/Tots Apple Carroteenies / Green Beans Appleberry Juice Milk (White LowFat / White FF)</p>	<p>22 Korean Beef w/Rice Pear Beans /Cucumber Slices Apple Juice Milk (White LowFat / Chocolate FF)</p>	<p>23 Hot Dog w/Tots Banana 3- Bean Chili Orange Juice Milk (White LowFat / White FF)</p>	<p>24 Bean &amp; Cheese Burrito Orange Cucumber &amp; Tomato Salad Appleberry Juice Milk (White LowFat / Chocolate FF)</p>	<p>25 Hot Pocket Apple Corn / Carroteenies Apple Juice Milk (White LowFat / White FF)</p>
<p>28 Beef Teriyaki Dippers w/Rice Apple Carroteenies / Green Beans Appleberry Juice Milk (White LowFat / White FF)</p>	<p>29 Chix w/Sweet Chili Sauce &amp; Rice Pear Beans /Cucumber Slices Apple Juice Milk (White LowFat / Chocolate FF)</p>	<p>30 French Bread Pizza (Pepp &amp; Cheese) Banana Celery Sticks w/Dip Orange Juice Milk (White LowFat / White FF)</p>	<p>31 Cali Burrito Orange Cucumber &amp; Tomato Salad Appleberry Juice Milk (White LowFat / Chocolate FF)</p>	

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